

# The Conall Cearnach Restaurant

## SAMPLE MENU – CHANGES WEEKLY

SUNDAY LUNCH - ADULTS €37 CHILDREN €18.50

### *Sunday Lunch Menu*

**Cream of Vegetable Soup** MK,G,CY

Served with Croutons and Herb Cream

**Crisp fried Japanese Style Tempura Prawns** G,C,M,

Served with Asian Salad and Sweet Chilli Sauce

**Cunninghams Pork and Apple Bon Bons** MK,SP,Gw,b

Clonakilty Black Pudding,creamey Pork and Apple croquettes,Baby Leaves

**Pearls of Galia and Cantalope Melon and Refreshing Sorbet** SP

Forest Berries and Kiwi with Mango Coulis

**Toasted Goats Cheese and Pecan Salad** ,MD,SP,N

Served with spiced plum Compote, Mixed Leaves and Dijon dressing

**Roast Sirloin of Prime Irish Hereford Beef** MK,G,E,SP,CY

Served with Yorkshire Pudding and Rich Roast Gravy

**Roast Leg of Slaney Valley lamb** CY,SP,MK,G

Scented with Rosemary and Garlic served with Herb Stuffing and Roast Gravy

**Pan fried Breast of Monaghan Chicken** MK,CY,SP

Creamed Champ Potato with creamy smoked Bacon sauce

**Grilled Fillet of Atlantic Salmon** F,MK,CY,SP

Served with buttered Asparagus and Sancerre wine and Chive Sauce

**Spinach and Ricotta Tortellini** MK,SP,S,G

Served in Basil Cream Sauce and Garlic Bread

Served with Roast potato and Mashed Potatoes and Melange of Vegetables

Additional Side Orders €4.00

**Warm Brambley Apple Crumble** G,MK,E

with Mixed Berry Compote

**Vanilla bean Panacotta and Exotic Fruit Salsa** MK,SP

Accompanied with Crisp Mini Merigue

**Mixed Forest Berry Pavlova** MK,E,SP

Served with Lakeland Cream and fresh Raspberry Coulis

**Selection of Ice Cream** (CO) G,E,MK

Served with berries and Shortbread Crumb

**Creamed Biscoff Biscuit Cheesecake** ,MK,G

Served with Whipped cream and Caramel sauce

Freshly Brewed Tea or Coffee

Gluten = **G** Crustaceans = **C** Eggs = **E** Fish = **F** Molluscs = **M** Soybeans = **S** Peanuts = **P** Nuts = **N** Milk = **MK**  
Celery = **CY** Mustard = **MD** Sesame Seeds = **SS** Sulphites = **SP** Lupin = **L**